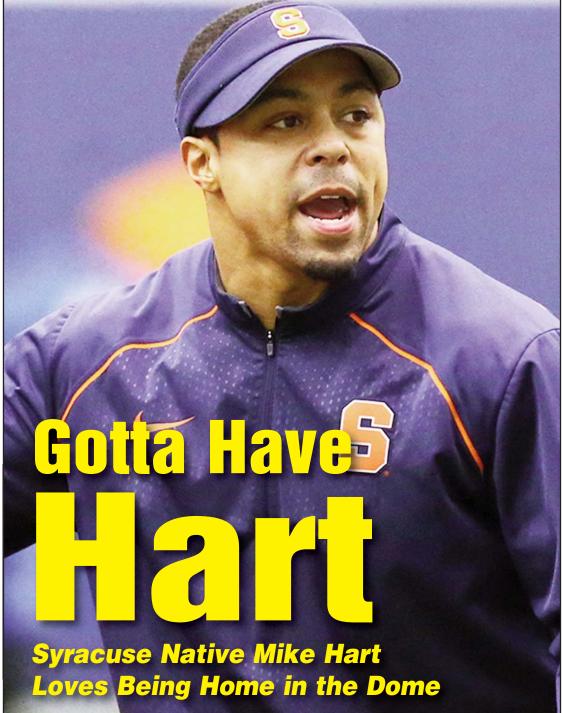
February 28, 2017 Issue No. 24

FROM THE

Sidelines

The Official Publication of the New York State High School Football Coaches Association



INSIDE:

NYSHSFCA Announces Award Winners

NYS 12th Man Overcoming Serious Illness

PLUS:



Big Year for Small-town Coach

ALSO:

NY State Briefs President's Message Extra Point



idelines

Publisher

NYSHSFCA Editor

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Clinics and Combines for the summer



With the off-season in full swing for football, the NYSHSFCA continues to go full speed ahead to promote the greatest game on earth!

We had an amazing clinic this year with well over 500 coaches in attendance at the Turning Stone Resort.

Syracuse Head Coach Dino Barbers did an outstanding job as our keynote speaker and it was great to have SU's running backs coach Mike Hart speak as well.

Also, the awards banquet was 2nd-to-none as we honored the very best coaches, players and Scholar

Athletes from across the state.

The kids honored that night are all outstanding young men but our 12th Man Award winner was truly inspiring.

Warwick Valley senior Kyle LeDuc is an honor roll student and a

solid contributor to the football program as a playercoach - despite battling the devastating effects of Muscular Dystrophy.

Please refer to the articles and pictures in this edition for further information on all the winners.

Our banquet is annually an event that our NYS coaches can be proud of and a special thanks should go out to Bonnie and George Mangicaro,

Lyle Dixon, Tom Schmandt, Greg Sirico and Don Santini for organizing a 1st class event!

We are looking forward to hosting our regional combines in May. Please check with your Sectional Representative for details in your area.

The Elite Combine will be held on July 9th, at Ithaca College, showcasing the top 250 players from around the state. The combine will primarily be a skills event with a host of college coaches in attendance. A player can qualify for the Elite Combine by performing well at their regional combine.

That same weekend, the NYSHSFCA will host the 2nd Annual NYS 7-on-7 Tournament.

The format for the passing tournament will consist of a large school (Class AA, and A) and small school (B, C and D) brackets at Ithaca College the weekend of July 8-9. As with the combines, please contact your Sectional Representative to see when they will be hosting their regional qualifying 7-on-7 tournaments.

"The kids honored that night are all outstanding young men but our 12th Man Award winner was truly inspiring."

Last year we had more than 30 teams competing over the two days. In fact, Class D Cambridge won the small schools championship and used that as a springboard to winning the NYS Tournament in November.

Thank you again to the committee for all of their time and effort to promote NYS football and to the coaches around the state for making incredible progress in advancing the cause of our game.

Many of you are truly giving our student athletes an amazing experience.

We will see you at the combines and 7 on 7 tournament!

Congratulations to our New York State Champions!

LI Football Champions:

Div I - Freeport Div II - Garden City

Div III - Wantagh

Div IV - Shoreham-Wading River

NYSPHSAA Football Champions:

AA - Troy

A - Somers

B - Glens Falls

C - Newark Valley

D - Cambridge

PSAL Football Champion:

Curtis

Msgr Martin Football Champion: Canisius

CHSFL Football Champion:

Cardinal Hayes

NYSHSFCA 2017 State Combines

Sunday, May 7th

Western (Section 5 & Section 6)

Fairport HS @ 8:15 am
Don Santini (585) 223-1274
dsantini1@rochester.rr.com
Lyle Dixon: ldix082003@yahoo.com

Section 3

East Syracuse-Minoa HS @ 9am Kevin DeParde (315) 254-5592 kdeparde@esmschools.org

Section 4

Union-Endicott HS @ 10am Steve Virkler (607) 687-6232 virklers@oacsd.org Jason Miller: jmiller@gstboces.org

Section 2

Watervliet HS @ 9:30 am Nick Fitzgerald (518) 260-1231 nfitzgerald@cairodurham.org

Section 11

Sachem North HS @ 9am or 1:30 (2 sessions)

Dave Falco (631) 793-5207

dfalco@sachem.edu

Scores will be judged against other players who play the same positions in these 4 categories.

OL & DL RB & WR LB & DB OB

Players with the Top 250 scores will be invited to the Super Combine.

The NYS Elite Skills Combine will be held at 9:00 am, July 9th @ Ithaca College

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Students Benefit from 'Fuel Up to Play 60'



ADANE'S CEO, Rick Naczi (left) is shown with the Clinic Director, Lyle Dixon (right) and the sponsored speaker, Mike Hart, during a threeday clinic in February at Turning Stone Resort in Verona, New York. Coaches were urged to get involved in Fuel Up to Play 60 and encourage their athletes to participate in the program.



Coaches attending February's New York State High School Football Coaches Association Clinic at Turning Stone Resort in Verona, NY, got the lowdown on Fuel Up to Play 60 - an in-school fitness and nutrition program. The Fuel Up to Play 60 program encourages physical activity and healthy eating. During the three-day clinic, which began February 2, 2017, coaches were shown how nutrition education among athletes is essential for maximizing performance. The Fuel Up to Play 60 program is a fun and easy way to make sure athletes are putting their health and wellness at the forefront, fueling their bodies with proper nutrition. In addition to benefitting a school's football team, Fuel Up to Play 60 also benefits the school's student body, as student athletes are role models to other students. It's a win-win for coaches to get involved in Fuel Up to Play 60 and encourage their athletes to participate, too.

American Dairy Association and Dairy Council (ADADC) sponsored the Awards Banquet, on February 5, which honored players and coaches for distinguishing themselves as serious competitors, academicians, and role models. Guest speaker at the banquet, ADANE CEO Rick Naczi, talked about the Fuel Up to Play 60 program and dairy farmers' partnership with high school athletic programs, including Chocolate Milk as the Official Beverage of New York State Public High School Athletic Association Championships.

Gotta Have Hart

By Mark Adair

Former Onondaga star RB Mike Hart spoke at the recent NYSHSFCA Clinic. Hart's talk was two-fold.

"The first half, I spoke on behalf of the Play 60 campaign which focuses on proper nutrition for athletes," he said.

"Proper nutrition is crucial for athletes and, unfortunately, the importance of nutrition is often overlooked."

Halfway through his talk, Hart switched gears and began to speak to the coaches in the audience.

"It was really about the Who, What, Why and How of coaching," he said. "It really all comes down to 'Why do you coach?' Hopefully, most coaches are doing this for the right reasons."

Hart says that he understands that coaches face more challenges than ever these days - and not just trying to figure out an opponents defense.

"A lot of kids can be difficult to deal with." he said, "but if you are a good coach, you need to find a way to reach each kid. Coaches deal with different races, different nationalities, different home situations and each kid brings different problems with them."

Every player under a coach's direction is unique has different needs.

"You have to find a way to reach each kid," Hart said, "and hopefully make

him a better a person and player when he comes out of your program."

Mike Hart was, easily, the best running back ever to come out of the Syracuse area. He was probably the best running back to ever come out of New York State.

From 2000 to 2003 Hart piled up an amazing array of

He still holds the top three positions in two separate categories "Most Points Scored in a Season" (406 in 2003, 368 in 2002, and 312 in 2001), and "Most TDs Scored in a Season" (67 in 2003, 60 in 2002, and 51 in 2001).

In addition, he holds NYS records for "100-yard Rushing Games in a Career" with 47; "200-yard Rushing Games in a Season" with 11 in 2001; "Most Points Scored in a Career" with 1,246; "Most Rushing Yards in a Career" with 11,045;

> "Most Rushing Yards in a Season" with 3,489 in 2003; and "Most TDs Scored in a Career" with

In 2003, Hart scored 8 TDs in a game. His 1,246 points scored is still a national record. His 11,045 career rushing yards is just 187 yards short of the national record which was set in

He led Onondaga to an undefeated season as a freshman but the Tigers were upset in the first round of the playoffs.

That was the only loss Hart experienced as a high school player as he led his team to three straight NYS championships.

Starting at the age of 14, Hart was often stopped and asked for autographs.

"It happened all the time," he said. "Onondaga is a really small school and I was a big fish in a very small pond."

Despite all this, he remained amazingly hum-

"I had great people around me and they kept

my ego in check," he said. "My mom made sure I didn't think I was special."

Hart says he is glad he does not play high school football todav.

"I had local people ask me for autographs or tickets," he said. "Now, with Facebook, Twitter and Instagram, kids have the whole world asking them for stuff."

He chose to attend Michigan after high school, a decision that angered a lot of people in the Syracuse area who were hoping he would play for the Orange.

See Hart on page 11



Photo by Syracuse University

New York State's all-time RB Mike Hart is back in Syracuse. Hart set several records while leading Onondaga to three NYS Championships from 2000 to 2003.

Hart continued from page 10_

"I know people complained but I didn't hear a lot of it," he said. "Now, with all the social media and the talk shows, it would have been awful."

Hart says that Syracuse recruited him hard but, in the end, he knew he could not stay anywhere near his hometown.

"I grew up a Syracuse fan," he said. "Paul Pasqualoni and David Walker did a great job recruiting me. I still talk with David Walker todav."

He says that leaving for Michigan was simply the best choice for him at the time.

"When I was that young," he said, "I did not know how to tell people 'No'. Because of my high school career, people still ask me to speak at events or for tickets and I'm 12 years removed from all of that. I knew I would not have been able to handle it if I stayed in Syracuse. I had to leave."

He started for three years at Michigan and learned what it was like to have, not one, but two arch-rivals in Michigan State and Ohio State.

"Those rivalries are incredible," he said. "You never know how big something like that is until you are a part of it."

The rivalry with Michigan State took on a personal meaning for him when his friend Jehuu Caulcrick, a Clymer product who played against Hart in high school, chose to play for the Spartans.

"Jehuu and I had that New York bond," Hart said. "He was a great player. Three of our four games against them went into overtime."

To this day, Hart is loved in

Ann Arbor and despised in East Lansing. In 2003, his comments about Michigan State being "Little Brother" to the Wolverines added fuel to an already raging rivalry.

Any time MSU beats Michigan in any sport, Spartan fans start chanting "Little Sister" at the Michigan players. Hart, however, refuses to talk about the incident.

"I plead the fifth." he said. "I won't talk about that. I've never answered a question about that and I never will."

After graduating from Michigan, Hart played three years with the Colts in the NFL but his career was short and, for the first time in his life, he was not a star player. After the Colts released him, Hart retired from playing.

"I didn't want to chase the NFL from team to team," he said. "After I left playing, Ron English hired me at Eastern Michigan and it was one of the best things to ever happen for me."

He worked for 6 months as a Quality Control coach and was paid the whopping sum of \$2,500 for those 6 months.

"I learned so much," he said. "I got to see how smaller programs work when you don't have all the money and support that the bigger programs have. Coaches have to wear a lot of hats at the smaller schools."

After 6 months, he was hired to the staff full-time. The following season, English was fired.

"I was retained but I left to go to Western Michigan," he said.

When the Broncos finished 11-1 last fall, Hart was not surprised at all.



Photo by Syracuse University

Mike Hart starred at Michigan before playing three seasons in the NFL with the Colts.

"When I was there, they were just starting to build the program into what they are today," he said. "I still talk with the guys on their staff and I'm happy for them. It wasn't a surprise to me that they became that good."

Hart left Western Michigan shortly after Dino Babers was hired as the head coach at Syracuse.

"When Coach Babers got hired, I was hoping he would call me," Hart said. "When he offered, I said yes. I didn't even really think about it."

Hart has been back a little more than a year now and is loving every minute of it.

"My mom is just 12 minutes down the road," he said. "I love being home."

He also loved speaking at the recent clinic.

"Some of my Pop Warner Coaches are high school coaches now," he said. "I recognized a lot of faces. All these guys helped me become the person I am now and I'm grateful for everything that they did for me."

Hart and his wife Monique

have been married seven years and have two children.

He has also completely made the transition from player to coach and has no fantasies about playing again.

"I still get that competitive vibe every day," he said. "I win or lose every day trying to get my players to play better than the other guys. Monday through Thursday is my time to perform. Saturday belongs to the players."

Hart says he feels a tremendous responsibility to the players in his care. In fact, that responsibility for young men is the reason he went into coaching.

"The impact you can have on young men is huge," he said. "I know what football did for me and the impact it had on me. I want to give some of that to the young men on my team."

Even so, nothing excites him as much as a Saturday afternoon during the college football season.

"There is nothing like Game Day," he said. "Even now, there is nothing like Game Day."

Players of the Year



John Germinerio - Troy HS (2)

Class A

Jack Coan - Sayville HS (11)

Class B

Joseph Girard - Glens Falls HS (2)

Class C

Garnett Nicolas - Burke Catholic HS (9)

Class D

Bradley Benson - Maple Grove HS (6)









Nicolas



Benson

Coaches of the Year

Class AA

Bob Burns - Troy HS (2)

Class A

Tony DeMatteo - Somers HS (1)

Class B

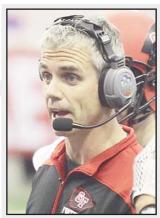
Pat Lilac - Glens Falls HS (2)

Class C

Brian Sherwood - Newark Valley HS (4)

Class D

Doug Luke - Cambridge HS (2)





DeMatteo



Sherwoo



Luke

2016 Scholar Athletes

Class AA Charbel Alhaddad Wagner HS (12)

Photo Not Available

Class A
Bradley Bonner
Wallkill HS (9)



Class B
Daniel Evan
Loucks-Baer
Cobleskill HS (2)



Class C Curtis Miller Stillwater HS (2)



Class D
Vincenzo Alteri
Watertown IHC (3)



T.J. Cook - Henninger

Jonathan Debigue - Baldwin

Michael DeLucia - Pittsford Mendon

Nick DeNicola - Syracuse CBA

Cale Donegan - Corning Painted Post

Tom Donovan - Farmingdale

Patrick Fenton - North Rockland

Ryan Fries - Victor

Troy High School John Germinerio

Anthony Guccione - Suffern

Anthony Imperato- North Rockland

Maximillian Jones - Syracuse CBA

Reid Jordan - Kingston

John LaMarco - Syracuse CBA

Liam Phelan - Corning Painted Post

Jaime Atkinson - Garden City

Kyle Benham - Greece Athena

Joe Filippetti - Miller Place

Chris Mixon - Garden City

Damien Mousso - Greece Athena

Caleb Null - Carthage

Colin Paskewitz - Garden City

Vincent Simpson - Watertown

Frank Alfonso Jr - Highland

Joseph Arcuri - Spackenkill

Adam Baghi - Midlakes

Brennan Boyea - Chittenango

Tully Boylan - James O'Neill

Daryn Carswell - Midlakes

Kevin Duk - Oyster Bay

Miles Eberhard - Onteora

Ryan Ehrets - Chenango Forks

Jordan Haven - Windsor

Jordan McLaughlin - Olean

Austin Reamsnyder - Maryvale

Jake Weyand - Hornell

Justin Daul - Wilson

Jacob Payne - Newark Valley

Rostin Turley - Oneonta

Ryan James Bailey - Dolgeville

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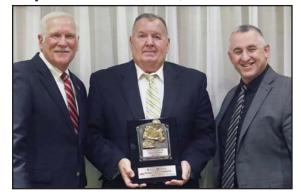
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Jacob Smith - Bolivar-Richburg

Joseph Walsh - Bishop Ludden

Matthew Widrick - Beaver River

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12th Man Award Kyle LeDuc - Warwick Valley HS (9)

Hunter Low Media Award

Gregg Sarra - Newsday Sports Long Island



Assistant Coach of the Year
Tony Antonucci - Shoreham-Wading River (11)



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7-on-7 State Championship / Elite Combine Weekend

The NYSHSFCA, along with the U.S. Army and the U.S. Marines is proud to bring to NYS the 7-on-7 State Championship and Combine Weekend at Ithaca College on July 8-9, 2017

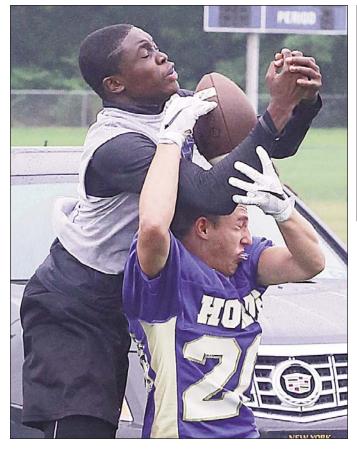
7-on-7 State Championship, July 8-9

- · 48 Teams will compete in 2 divisions each day
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 Saturday, July 8... 9am registration, 10am start
- 24 team Small-school division (B, C & D)
 Sunday, July 9... 11am registration, 12pm start
- · Opening Ceremony at Butterfield Stadium each day
- 2 Large Teams and 2 Small Teams from each Section can qualify for the tournament (Possibility of At-Large Bids)
- Teams will qualify from competing in the Sectional tournaments (See your NYSHSFCA Section Rep)
- There is no cost to the teams that qualify for State
- · Bring water and game supplies. All games on GRASS fields

Elite Combine, July 9

- 250 players qualifying from the NYSHSFCA Regional Combines
- Regional Combines must include specific tests in order to qualify... Players must compete in Regional Combines to qualify
- · Elite Combine will have 2 tests and Skill Drills by position
- · Start at 9am at Ithaca College
- Players and Parents are invited to attend the 7-on-7 Semifinals and Finals after the Combine
- Qualifying players will receive a personal Invite from the NYSHSFCA... There is no cost to players that qualify
- College coaches will be in attendance. Results will be reported to colleges as well. Combine will be on TURF field.

All head coaches must be a member of the NYSHSFCA (\$25 Annual Fee). Please go to nyshsfca.wildapricot.org to join!







12th Man Becomes Coach

By Mark Adair

Kyle LeDuc, a senior at Warwick Valley (9) was named the recipient of the 12th Man Award at the recent NYSHSF-CA Awards Banquet.

LeDuc has been an instrumental part of the Warwick program for five years despite being confined to a wheelchair.

"I've known Kyle for a long time," Warwick coach Greg Sirico said. "I've known him since he was in kindergarten."

LeDuc was born with Duchenne Muscular Dystrophy, a severe type of MD which causes extreme muscle weakness.

It is a progressive neuromuscular disorder and the symptoms usually begin around the age of four in boys and worsens quickly.

Kyle's parents, Tara and Paul, noticed something was wrong when Kyle was very young.

"When he was about 3 years old he could walk up stairs normally," Tara LeDuc said. "He never could jump up off the ground."

The diagnosis was devastating to the family but they vowed they would not get in his way.

"He played Little League baseball," Tara said. "We were leery about letting him play football, though."

Most boys diagnosed with Duchenne are unable to walk by the age of 12. Most men affected with DMD become essentially "paralyzed from the neck down" by the age of 21.

"Kyle was wheelchair bound in middle school," Sirico said. "He had always been very active in school but in the middle of his 8th grade year he took a bad fall. Ever since then he has been in a wheelchair."



Photo by Mark Adair

Warwick Valley senior Kyle LeDuc was named the recipient of the NYS 12th Man Award at the recent NYSHSFCA Banquet. LeDuc has been a player-coach since 8th grade.

program, Kyle moved with them," Sirico said. "He's been a full team member every step of the way."

Despite being con-

Sirico asked Kyle to join

fined to a wheelchair.

"He was always

involved in football," he

said, "so we asked him

to become a part of our

Sirico did not ask

gram as an act of chari-

"He's a very good student and he works

hard," Sirico said. "I felt he had the perfect

makeup to be in our

program and have a

positive effect on his

peers and his coaches.

I thought he could help

ted asking Kyle to join

"I was right," Sirico

said. "Even though he is

the last four years, I can

practices he has missed

on one hand. He's been

program on the modi-

grade he was officially

named a player-coach.

moved up through the

"As his teammates

fied level and by the 9th

LeDuc first joined the

in a wheelchair, over

count the number of

very dedicated."

the program.

Sirico has not regret-

LeDuc to join the pro-

the team.

program."

ty.

Sirico also says that Kyle takes the role of playercoach very seriously.

"He knows the offense and the personnel," Sirico said. "He has called a number of plays for us."

Sirico says that Kyle has the mind to be a good coach. "He's going to Orange Community College next year where he will study both Phys Ed and Sports

See "12th Man" on page 17

12th Man continued from page 16 _

Management," he said. "Believe me, he knows the game." LeDuc has been an active participant with the football program, according to Sirico.

"He took the bull by the horns and got involved," he said. "He gets the most out of every single day. He will be a great coach and teacher some day."

There are even plans to bring Kyle back next season as a "graduate assistant coach."

"We are looking forward to him being a part of the staff

next year as a fulltime coach," Sirico said. "We have long-term plans for having Kyle in our program and I hope he has those same plans."

Sirico has no doubt that Kyle will continue to contribute.

"His physical challenges have not affected his ability to contribute. I don't see him allowing any obstacles to get in the way of his goals."

When Kyle was in the 8th grade, the Warwick Modified coach asked him to help by charting plays.

"I was on the sidelines," Kyle said. "I had a chart and wrote down each play we ran and how many yards it went for. It was a great experience."

The following season LeDuc was asked to join the coaching staff.

"They gave me a playbook and I started studying it," he said. "I actually got to call a couple of plays that season."

One of them was memorable.

For the JV team's game against arch-rival Goshen, they decided to let Kyle call the first offensive play of the game.

"I was debating between 2 different plays," Kyle said, so I went with my gut and picked one."

The play went for an 80-yard touchdown.

"It was pretty crazy," Kyle said. "I guess it worked out pretty well and we won 28-14."

Also that season, Kyle actually got into a game and scored a 2-point conversion.

"I went out for the PAT, got ready to go," Kyle said. "My

friend played quarterback and handed the ball to me and I went into the end zone. It was awesome."

Kyle is now the only player in NYS history to score a 2point conversion as a wheelchair-bound athlete and call a play as a player-coach that resulted in a touchdown during the same game.

After two seasons with the JV program, Kyle was called up to the varsity team and got even more involved with coaching.

"I started to

with the film," he

said. "I had some

drive and I called

at least one play."

During his

senior season.

Kyle was given even more

responsibility.

"I actually

offensive drive."

was pretty cool." Sirico, whose

team finished 4-5 in 2016, says that

Kyle is actually

"He's right on

the sideline with

us." Sirico said.

getting pretty good at calling an

offense.

called a whole

he said. "That

help out a little

input on every



Photo by Mark Adair

Warwick Valley coach Greg Sirico holds the microphone for senior Kyle LeDuc, who was named the winner of the NYS 12th Man Award at the recent NYSHSFCA Banquet.

"He knows the game plan and he knows the offense. We appreciate what he brings to us."

Kyle is also involved with the school baseball team.

"I keep stats for the team," he said.

Kyle, an honor roll student says that, although he wants to become a full-time football coach, he will miss being a player-coach.

"My main thing would be to play football," he said, "but coaching is still awesome. I wouldn't change coaching at all. It's been a huge part of my life."

The NYS 12th Man Award was also huge for Kyle.

"That was a great experience," Kyle said. "It was so awesome. I've never experienced anything like that."

Kyle says he was stunned when Sirico told him he had won the award.

"I was shocked," he said. "A lot of people were nominated. When Coach Sirico told me, I was so happy. I really couldn't believe it."

Huge Year for Small Town

Luke Leads Cambridge to second NYS Championship

Cambridge coach Doug Luke capped off a big year when he received the award as the NYS Class D Coach of the Year at the recent NYSHSFCA Awards Banquet.

Luke led Cambridge to a 13-0 season as the Indians

won the NYS title with a 22-21 win over Maple Grove in the Carrier Dome.

The game was tied at 14-14 after four quarters and the teams needed two overtime possessions to settle matters.

Both teams lost fumbles in their first OT possession.

Maple Grove started the second session and scored a TD to take a 21-14 lead.

Cambridge started their possession and immediately fell into trouble. The Indians faced a 4th-and-12 on the 22vard line.

QB Zack Rowland hit Brendan Holcomb with a 13-yard pass to keep the Indians alive.

Cambridge reached the 6-vard line and Maurice Seymour took a pitch, broke 4 tackles and ran into the right side of the end zone.

The Indians trailed 21-20 and faced the moment-of-truth.

"Right from the start, if for two," Luke said. "We

never had any thought of kicking."

Rowland came to the line, took the snap and ran a little bootleg to the left.

"The left end was wide open," Luke said. "I don't think he could have been any more open."

Shawn Lemieux caught the 2-point PAT pass, setting off a wild clebration.

It was the second NYS title for Cambridge. The Indians also won the Class D title in 1999.

"We lost three other championship games," Luke said. "I guess 17 years is a long time to wait for another one."

It was actually the second title that Cambridge won in 2016.

The Indians also won the NYS small-schools championship in the NYSHSFCA 7-on-7 passing tournament at

Ithaca College in June.

"No question, winning the passing tournament helped us," Luke said. "Both the kids and the coaching staff started to believe in ourselves. Our confidence rose after winning that."

Cambridge also had to play nearly the entire tournament with the bare minimum of players.

"We brought 8 kids and one was hurt in the second game," Luke said. "We played the rest of the tournament with just 7 kids. Any close game we had, our kids found a way to win."

Coincidentally, that championship game also came down to a 2-point conversion.

"We stopped a 2-point pass to beat Chenenango Forks for the championship," Luke said. "You could just see the attitude change right then. The fact that we beat a very good team helped even more."

Luke received another huge honor when he was named the NYS Coach of the Year by the

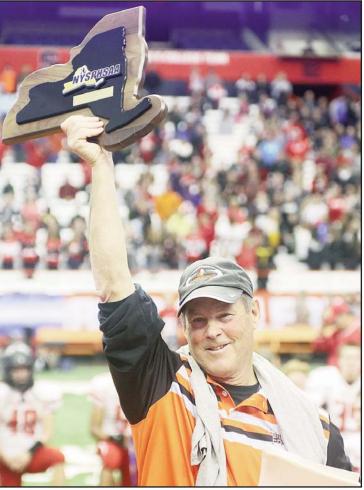


Photo by Mark Adair

Cambridge coach Doug Luke led the Indians to a 13-0 record and the NYS Class D championship last fall. Luke we scored, we were going has been the head coach at Cambridge since 1989.

USATodav.

"I didn't actually know about it," he said. "I came into school and everyone was congratulating me. I had no idea why. I guess it was in the paper that day."

Finally, a co-worker brought a copy of the newspaper to Luke.

"Someone gave me a copy and I was able to see it," he said. "It's been an exciting year, there is no question about that. These are the kind of things you dream about when you are a small-school coach."

See Luke on page 19

Luke continued from page 18 _

Luke says that the current group of players at Cambridge made coaching easy.

"We had a really talented team," Luke said. "I wish I

could give all these awards to my assistant coaches because they have been great."

Luke has been with the Cambridge program since 1989.

"I was a varsity assistant," he said. "I became the head coach in 1997."

He says there are challenges in leading a Class D program.

"We don't have a JV team," he said.
"We all practice together. We have 35 or 40 kids but we all practice together."

Unfortunately, while Cambridge does have a JV schedule, they don't actually play any games.

"We might have enough kids most years," he said, "but some of the other teams we play don't have enough for a JV team. So we just schedule scrimmages. Everyone dresses for the varsity games but most of the time, the younger kids won't play unless we get a big lead."

With 12 straight lop-sided wins, most Cambridge players were able to get playing time in the varsity games.

"The only close game we had was against Maple Grove

in the championship game," he said. "I think it was the same for them, too."

The Village of Cambridge, a small community about 30

miles east of Saratoga Springs, is just 10 miles from the border with Vermont.

"Every kid and every adult knows everyone else," he said. "I've coached kindergartners to 12th grade. We have a flag football program. The coaches that are running the flag football program were players for me in high school. We have about a dozen kids on the team whose fathers played for me."

Luke, who teaches Phys Ed, graduated from Cambridge High School in 1972.

"Most of our coaches are Cambridge people from kindergarten," he said. "Without question, the community is so small that we are a family in many different ways. And football is a big deal in Cambridge."

He says that, despite the fact Cambridge is small, the program has big goals every year.

"Our goal is to win the state championship every year," he said. "It was a fun year, hopefully we can do it again next season."



Photo by Mark Adair

Doug Luke.





Player of the Year

OL... Isaiah Wilson (6-8, 354 sr) Poly Prep-AIS

First Team Offense

Pos... Player (Ht, Wt yr)... School

QB... Christian Anderson (6-1, 180 sr)... Card. Hayes-CH

RB... Antonio Giannico (5-11, 205 sr)... Arch. Stepinac-CHS

RB... Romeo Holden (5-11, 170 jr)... New Rochelle-1

RB... Jordan McLune (5-9, 200 sr)... Farmingdale-8

RB... Joey Ward (5-9, 189 jr)... Troy-2

OE... Amad Anderson (6-1, 170 jr)... Curtis-PSAL

OE... L.G. Castillo (6-3, 225 sr)... Lancaster-6

OL... Brendan Egan (6-5, 290 sr)... Warwick-9

OL... Tyler Grisolia (6-3, 295 sr)... St. Francis-MMA

OL... Matthew Jones (6-4, 305 jr)... Erasmus Hall-PSAL

OL... Jordan Valerius (6-3, 295 sr)... Arlington-1

AP... Rashad Tucker (5-11, 170 sr)... Freeport-8



Second Team Offense

Pos... Player (Ht, Wt yr)... School

QB... John Germinerio (5-9, 188 sr)... Troy-2

RB... Jared Baron (5-8, 195 jr)... New Rochelle-1

RB... Glenmour Osbourne (5-10, 165 jr)... White Plains-1

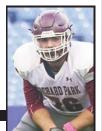
RB... Stevie Scott III (6-2, 225 jr)... Syracuse CBA-3

OE... Steven Fedorchak (5-11, 165 sr)... Guilderland-2

OE... Lucas Nunez (5-8, 170 jr)... Cardinal Hayes-CHS

OL... Greg Amato (6-2, 300, sr)... William Floyd-11

OL... Dan Fedor (6-6, 260 jr)... Elmira-4



OL... Dan Kubik (6-7, 305 sr)... Orchard Park-6

OL... Mike Spicer (6-2, 240 sr)... Baldwinsville-3

OL... Lorenzo Thompson (6-6, 245 jr)... Cicero-NS-3

AP... Devin Young (5-10, 175 sr)... Binghamton-4

Third Team Offense

Pos... Player (Ht, Wt yr)... School

QB... Quincy Barnes (6-0, 180 jr)... Curtis-PSAL

QB... Jerry Hickson (6-1, 200 sr)... St. Francis-MMA

RB... Danny Diedrich (5-10, 175 sr)... John Jay (EF)-1

RB... Eric Maurer (5-10, 170 jr)... Clarkstown North-1

RB... Jamarious Morgan (5-8, 185 sr)... Proctor-3

RB... Brandon Sobotker (6-1, 205 sr)... North Babylon-11 OE... Cameron Jordan (6-4, 200sr)... HH Hills West-11

OE... Noah Jordan-Williams (6-2, 195 sr)... Syracuse CBA-3

OL... Raquell Davis (6-1, 240 sr)... William Floyd-11

OL... Christian Erkens (6-0, 270 sr)... Farmingdale-8

OL... Dylan Quirk (6-4, 225 sr)... Scarsdale-1 AP... Barry Klein (5-9, 150)... Scarsdale-1



Fourth Team Offense

Pos... Player (Ht, Wt yr)... School

QB... SirVocea Dennis (6-1, 195 jr)... Syracuse CBA-3

QB... George Marinopoulos (6-3, 170 sr)... Guilderland-2

RB... Marquis Carter (6-1, 205 sr)... Pittsford-5

RB... Trasean Jewell (6-0, 175 sr)... Pine Bush-9

OE... Gabe Horan (6-6, 260 jr)... Baldwinsville-3

OE... Zaahir Woody (6-1, 180 sr)... Roy C. Ketcham-1

OL... Robert Harriel (6-1, 240 jr)... Elmira-4

OL... Andy Hines (6-1, 235 sr)... Guilderland-2

OL... Zach Prince (6-0, 215 sr)... Orchard Park-6

OL... John Ryan (6-3, 290 sr)... John Jay (EF)-1

OL... Colin Smith (6-4, 300 sr)... Minisink Valley-9

AP... Dev Holmes (5-8, 160 jr)... Troy-2



First Team Defense

Pos... Player (Ht, Wt yr)... School

DL... Gene Brown (6-2, 245 sr)... Arch. Stepinac-CHS

DL... Mason Hoose (6-1, 230 sr)... Canisius-MMA

DL... Tim Mullane (6-4, 275 sr)... West Islip-11

DL... Cedrice Palliant (6-5, 305 sr)... New Rochelle-1

LB... Michael Bradley (5-11, 240 sr)... William Floyd-11

LB... Cole Burniston (6-3, 225 sr)... Canisius-MMA

LB... Dan Damico (6-2, 235 sr)... Syracuse CBA-3 LB... Zack Estabrooks (6-2, 210 sr)... Victor-5

LB... Olakunle Fatukasi (6-3, 215 sr)... Grand Street-PSAL

DB... Jaelin Hood (6-0, 165 sr)... Freeport-8

DB... Kyle Samuels (5-10, 180 sr)... Clarkstown South-1

PK... Blake Haubeil (6-4, 225 sr)... Canisius-MMA



Second Team Defense

Pos... Player (Ht, Wt yr)... School

DL... Joel Cruz (6-3, 310 sr)... Freeport-8

DL... Sean Kloss (6-4, 285 sr)... Clarence-6

DL... Hervens Multrae (6-3, 280 sr)... North Rockland-1

DL... Kyle Nunez (6-3, 300 sr)... East Islip-11

DL... Jeremiah Sanders (6-3, 295 jr)... Bishop Timon-MMA

LB... Tyreek Bromley (5-10, 195 sr)... Long Beach-8

LB... Damon Burton Jr. (5-10, 190 sr)... Aquinas-5

LB... Connor Kelly (6-2, 220 sr)... Williamsville North-6

LB... Erich Keutmann (6-0, 200 sr)... Washingtonville-9

DB... Joe Casale (6-2, 171 jr)... Troy-2

DB... Eric Coley (6-0, 185 sr)... Fayetteville-Manlius-3

PK... Paul Inzerillo (5-9, 170 sr)... Monsignor Farrell-CHS



Third Team Defense

Pos... Player (Ht, Wt yr)... School

DL... Jack Owens (6-5, 235 sr)... Aquinas-5

DL... Tyler White (6-4, 205 sr)... Kenmore West-6

DL... DeQuan Wilson (6-4, 185 sr)... Bellport-11

LB... Joe Andreessen (5-11, 190 jr)... Lancaster-6

LB... Jonathan Debique (6-1, 230 sr)... Baldwin-8 LB... Latrell Horton (5-11, 250 sr)... Longwood-11

LB... John Kelly III (6-3, 216 jr)... Monsignor Farrell-CHS

LB... Vinnie Scancarello (5-7, 190 sr)... Monroe-Woodbury-9

DB... Kevin Downes Jr. (6-1, 170 sr)... Fox Lane-1

DB... Kyle Fleitman (6-0, 175 sr)... East Islip-11

DB... Andrew Russell (6-2,, 190 jr)... Victor-5 PK... Jeremy Ruckert (6-5, 210 jr)... Lindenhurst-11



Fourth Team Defense

Pos... Player (Ht, Wt yr)... School

DL... Chris Fasano (6-2, 245 sr)... Sachem North-11

DL... Raymond Johnson (6-1, 185 sr)... Binghamton-4

DL... Michael Motley (6-1, 197 sr)... St. Joe's-MMA

DL... Kevin Toote (6-1, 274 jr)... Saratoga Springs-2

LB... Charles Barsella (6-2, 225 sr)... St. Anthony's-CHS LB... Lloyd King (6-0, 187 jr)... New Rochelle-1

LB... Michael Maynes (6-0, 225 sr)... Spring Valley-1

LB... Jake Zimmer (6-0, 225 sr)... McQuaid Jesuit-5

DB... Josh Dahl (6-0, 200 sr)... Orchard Park-6 DB... Max Jones (6-1, 175 sr)... Albany CBA-2

DB... Frankie Stola (5-11, 195 sr)... Northport-11

PK... Matt Myers (6-4, 215 jr)... Bishop Timon-MMA







Player of the Year

QB... Jack Coan (6-4, 195 sr)... Sayville-11

QB... Matt Pires (5-11, 185 sr)... Somers-1



First Team Offense

Pos... Player (Ht, Wt yr)... School

QB... Tavon Granison (6-0, 193 sr)... Greece Athena-5

- RB... Mike Cirasuolo (5-10, 185 sr)... Whitesboro-3
- RB... Messiah Horne (5-10, 180 sr)... Somers-1
- RB... Dylan Laube (5-11, 175 jr)... Westhampton-11
- RB... Isaiah McDuffie (6-2, 209 sr)... Bennett-6
- OE... Pat Galer (6-0, 175 sr)... Whitesboro-3
- OE... Kenny Speed (5-6, 160 sr)... Greece Athena-5
- OL... Neal Chaudhry (6-4, 310 sr)... Cornwall-9
- OL... Nate Emer (6-5, 235 sr)... Iroquois-6
- OL... Ryan O'Shea (6-0, 240 sr)... MacArthur-8
- OL... Joe Ramunno (6-2, 275 sr)... West Seneca East-6
- AP... Jack Guida (6-0, 180 sr)... Brewster-1



Second Team Offense

Pos... Player (Ht, Wt yr)... School

- QB... Mike Apostolopoulos (6-2, 200 sr)... Iona Prep-CHS
- QB... Matt Valecce (6-5, 205 jr)... Fordham Prep-CHS
- RB... Ramon Jefferson (5-9, 190 sr)... Harry Truman-PSAL
- RB... Lawrence Jenkins (6-1, 200 sr)... Lake Shore-6
- RB... Brett Makar (6-1, 183 jr)... Yorktown-1
- RB... Richard Martinez (5-10, 181 sr)... Lehman-PSAL
- OE... Chester Anderson (5-8, 175 jr)... Elmont-8
- OE... Michael DeGasperis (6-2, 185 jr)... Iona Prep-CHS

OL... Nick Gargiulo (6-5, 270 jr)... Somers-1

- OL... Tyler Beasock (6-1, 260 sr)... North Tonawanda-6
- OL... Corey Simmons (6-7, 300 sr)... Poughkeepsie-9
- AP... Ryan Deguire (5-8, 160 sr)... Mohonasen-2



Third Team Offense

Pos... Player (Ht, Wt yr)... School

- QB... Aaron Ruthman (5-9, 160 sr)... Elmont-8
- RB... Cory Gross (6-1, 195 jr)... Brockport-5
- RB... Dustin Rubenstein (5-10, 190 sr)... McKee Tech-PSAL
- RB... Umari Taylor (5-9, 175 sr)... Holy Trinity-CHS

RB... Brandon Yax (6-0, 190 sr)... Iroquois-6

- OE... Tyler DeMeo (5-8, 150 sr)... Carey-8
- OE... Jeff Loder (5-10, 150 sr)... East Syracuse-Minoa-3
- OE... Will Loffredo (6-4, 205 jr)... Fordham Prep-CHS
- OL... Mike Della Bella (6-2, 310 sr)... Queensbury-2
- OL... Jake Kiff (6-0, 230 sr)... Starpoint-6
- OL... Monte Parish (6-1, 270 sr)... Bennett-6
- AP... Jake Stanko (6-1, 200 jr)... Burnt Hills-BLake-2



Fourth Team Offense

Pos... Player (Ht, Wt yr)... School

- QB... Jose Boyer (5-9, 160 sr)... Yorktown-1
- RB... Ashton Bradley (5-11, 175 jr)... Sayville-11 RB... Corey Bull (5-9, 170 sr)... Roosevelt-8
- RB... Joe Scaglione (5-8, 165 jr)... Our Lady of Lourdes-1
- RB... Mike Valentino (5-9, 175 sr)... Mepham-8
- OE... Dom Anderson (6-3, 185 sr)... St. Joseph Sea-CHS OE... Eric Thompson III (6-1, 150 jr)... Lansingburgh-2
- OE... C.J. Turner (5-9, 170 sr)... Eastridge-5
- OL... Joe Behan (6-4, 240 sr)... Queensbury-2

OL... Erik Hagenah (6-2, 220 sr)... Somers-1

OL... Joshua McGugins (6-3, 300 sr)... Iona Prep-CHS AP... Kevin Collins (5-10, 155 sr)... Queensbury-2



First Team Defense

Pos... Player (Ht, Wt yr)... School

- DL... Anthony Lang (6-3, 225 sr)... Christ the King-CHS
- DL... Joe Valenti (6-4, 245 sr)... Wantagh-8
- DL... Ethan Wiederkehr (6-6, 285 sr)... Shoreham-River-11

DL... Kyle Benham (6-4, 215 sr)... Greece Athena-5

- LB... Tajay Ahmed (5-11, 185 sr)... Starpoint-6 LB... Sean Colbert (6-0, 215 sr)... Wantagh-8
- LB... Jason Cunningham (5-10, 225 sr)... Brighton-5
- LB... Jamel Lofton (6-1, 200 sr)... Bennett-6
- LB... Rodney Samson Jr. (6-1, 220 sr)... Iona Prep-CHS
- DB... Chris Gray (5-7, 170 sr)... Shoreham-Wading River-11
- DB... Dale Stanavich (5-10, 160 sr)... Amsterdam-2
- PK... Jason Intermesoli (5-8, 155 sr)... Sayville-11

Second Team Defense

Pos... Player (Ht, Wt yr)... School

- DL... Josh Greenwood (6-2, 255 sr)... Union-Endicott-4
- DL... Jake Warren (6-1, 300 sr)... Burnt Hills-BLake-2

DL... J.B. Wilkes (6-3, 235 sr)... Grand Island-6

- LB... Rory Kinsella (6-1, 185 sr)... Xavier-CHS
- LB... Dom Marzigliano (5-11, 185 sr)... Cornwall-9
- LB... Connor McClernan (6-0, 187 sr)... Burnt Hills-BLake-2
- DB... Jake Kolar (5-6, 160 sr)... Sayville-11
- DB... Chris Mixon (5-11, 175 sr)... Garden City-8
- DB... Justin Terry (5-11, 171 sr)... Christ the King-CHS
- DB... Zack Woodard (6-5, 200 sr)... North Tonawanda-6
- DB... Ryan Wood (6-1, 165 sr)... Averill Park-2
- PK... Joe Dotterweich (6-0, 200 sr)... North Tonawanda-6



Third Team Defense

Pos... Player (Ht, Wt yr)... School

- DL... Andrew DeSantis (6-3, 175 jr)... Garden City-8
- DL... Connor Dignan (6-1, 240 sr)... Brewster-1
- DL... Nick Leahy (6-1, 275)... Brewster-1
- DL... Joe Randazzo (6-4, 255 sr)... Carey-8
- LB... Mat Bruno (6-1, 200 sr)... Rye-1 LB... Gavin Casey (6-2, 230 jr)... Wantagh-8
- LB... Justin Cavallo (6-1, 200 sr)... Yorktown-1

LB... Marcelus Toliver (5-11, 210 sr)... Bennett-6

- DB... Shakir Henry (5-10, 150 sr)... Cornwall-9
- DB... Jimmy Joyce (6-2, 195 sr)... Wantagh-8
- DB... Rayshauld Smith (6-0, 160 jr)... Eastridge-5 PK... Giuliano Santucci (5-10, 160 sr)... Yorktown-1



Fourth Team Defense

Pos... Player (Ht, Wt vr)... School

- DL... Jonathan Coste (6-3, 280 sr)... Christ the King-CHS
- DL... T.J. Robertson (6-2, 195 sr)... Green Tech-2
- LB... Lawrence Borce (6-0, 230 sr)... Indian River-3
- LB... Miles Haynes (6-1, 190 jr)... McKinley-6
- LB... Antwanne Jones (5-10, 165 sr)... Wmsville South-6

LB... Damien Mousso (5-8, 175 sr)... Greece Athena-5

- LB... Caleb Null (6-1, 230 sr)... Carthage-3
- LB... Antonio Vieira (5-10, 170 jr)... Somers-1
- DB... Greg Buck (5-10, 185 sr)... East Syracuse-Minoa-3
- DB... Tom Galgano (6-1, 215 sr)... Bethpage-8
- DB... Trey Greene (5-11, 165 sr)... Jamesville-DeWitt-3
- PK... Connor McCormick (5-10, 210 sr)... Burnt Hills-BLake-2







Player of the Year

OE... Andrew Murphy (5-11, 170 sr) Glens Falls-2

RB... L.J. Watson (6-0, 190 sr) Chenango Forks-4



First Team Offense

Pos. Player (Ht, Wt yr)... School

QB... Eric Bartnik (5-11, 170 sr)... Cheektowaga-6

QB... Joseph Girard III (6-1, 175 so)... Glens Falls-2

RB... Alton Ingram (6-1, 182 sr)... Dunkirk-6

RB... Ray Leach (5-11, 195 so)... Batavia-5

RB... Aaron Sampson (5-7, 170 jr)... Glens Falls-2

RB... Todd Thompson (5-8, 180 sr)... Pioneer-6

OE... Winston Britton (5-10, 168 sr)... Hackley-AIS

OE... Stephan Parker (6-3, 205 sr)... Cheektowaga-6

OL... Chauval Black (6-3, 225 sr)... Dunkirk-6

OL... Ryan Ehrets (6-3, 270 sr)... Chenango Forks-4

OL... Luke Sears (6-2, 218 sr)... Homer-3

AP... Garrett Boldt (5-10, 180 sr)... Olean-6



Second Team Offense

Pos. Player (Ht, Wt yr)... School

QB... Camron Abalos (5-7, 165 sr)... Spackenkill-9

QB... Scott Sasso (5-9, 165 sr)... Babylon-11

RB... Austin Enders (6-1, 215 sr)... Cazenovia-3

RB... Jared Jones (5-8, 160 sr)... Rye Country Day-AIS

RB... Dayshawn Small (5-10, 185 sr)... LI City-PSAL

RB... Willie Walker (5-11, 172 jr)... Hudson-2

OE... Hunter Bodine (6-0, 182 sr)... Waverly-4

OE... Jason Carlock (6-1, 195 sr)... Babylon-11



OL... Brandin Paulhamus (6-4, 220 sr)... Chenango Forks-4

OL... Luke Norstad (6-1, 240 jr)... Marcellus-3

OL... Spencer Quinn (6-1, 275 jr)... Wayne-5

AP... Gary Newman (5-7, 180 jr)... Eagle Academy-PSAL

Third Team Offense

Pos. Player (Ht, Wt yr)... School

OB... Ryan Aughavin (6-1, 175 sr)... North Shore-8

QB... Jimmy Verney (5-10, 160 jr)... New Paltz-9

RB... Alex Archer (5-10, 170 sr)... Beekmantown-7

RB... Tommy Mattison (5-10, 185 sr)... Albion-6

RB... Charlie McPhee (5-11, 175 jr)... Pleasantville-1

RB... Tiquan Scott (5-11, 195 sr)... James O'Neill-9

OE... Nate Garlow (5-11, 185 sr)... Marcellus-3

OE... Tony Green (6-1, 200 sr)... Glens Falls-2

OL... Michael Booth (6-0, 285 jr)... Card Spellman-CHS

OL... Caleb Marshall (6-2, 275 sr)... Owego-4

OL... Taylor Tanner (6-2, 200 sr)... Babylon-11

AP... Jalin Cooper (6-5, 180 jr)... Medina-6

Fourth Team Offense

Pos. Player (Ht, Wt yr)... School

QB... Dante Turo (6-2, 205 sr)... Mexico-3

QB... Braeden Zenelovic (6-4, 200 jr)... Wayne-5

RB... Cameron Brooks (5-7, 179 sr)... Schalmont-2

RB... Christian Flowers (5-11, 200 sr)... Wyandanch-11

RB... Cody Thorp (5-10, 180 sr)... Cazenovia-3

RB... Will Waterhouse (6-0, 176 jr)... Hackley-AIS

OE... Angus Edmundston (6-2, 185 sr)... Dover-9

OE... Jarius Jones (6-0, 145 jr)... Long Island City-PSAL

OL... A.J. DeSantis (6-2, 265 so)... Maine-Endwell-4

OL... Constantine George (5-9, 230 sr)... Putnam Valley-1

OL... Cody Johnson (6-1, 185 sr)... Homer-3

AP... Roy Penn-Cosentino (5-8, 180 jr)... Liberty-9

First Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Anthony Ray (5-11, 275 jr)... Batavia-5

DL... Casey Rogers (6-4, 240 sr)... Westhill-3

DL... Lucas Sanders (6-0, 265 sr)... Glens Falls-2

LB... Hannes Boehning (6-1, 218 sr)... Rye Country Day-AIS

LB... Connor Breit (6-2, 220 sr)... Nanuet-1

LB... Cory Hagerman (6-2, 238 sr)... Windsor-4

LB... Tim McDonald (5-8, 200 sr)... Chenango Forks-4

DB... Ian Baker (6-0, 195 sr)... Springville-6

DB... Rob DiNota (5-9, 160)... Westlake-1

DB... Brody Metcalf (6-0, 195 sr)... Livonia-5

DB... Danny Roell (5-9, 165 sr)... Seaford-8

PK... Brendyn Stillman (6-1, 200 sr)... Waverly-4



Second Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Kyiev Bannerman (6-5, 275 jr)... Spackenkill-9

DL... Matt Christina (6-4, 225 sr)... Carle Place/Wheatley-8

DL... Ben Nichols (6-2, 220 sr)... Cazenovia-3

DL... Kenny Rohl (6-0, 210 sr)... Babylon-11

LB... Paul Brooks (5-11, 205 sr)... Lackawanna-6

LB... Hunter Hendrix (6-2, 220 sr)... Chittenango-3

LB... Dawson Joy (5-11, 205 sr)... Medina-6

LB... Javon Speid (6-0, 210 sr)... Eagle Academy-PSAL

DB... Juan Damas (5-9, 160 jr)... Dunkirk-6

DB... John Smith (5-7, 150 sr)... Livonia-5

DB... Christian Snell (6-0, 180 jr)... Alden-6 PK... Kieran Horton (5-10, 150 so)... Windsor-4



Third Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Evander Jackson (6-3, 200 sr)... Rye Country Day-AIS

DL... Tiernen Joseph (6-1, 250 jr)... Chenango Forks-4

DL... Logan Wendt (6-3, 200 sr)... Vernon-Verona-Sherrill-3

LB... Marquez Lofton (5-11, 215 sr)... Lackawanna-6

LB... Chris Meano (5-10, 155 sr)... Hudson-2

LB... Kevin Shepherd (5-9, 180 sr)... James O'Neill-9

LB... Aaron Trumino (5-11, 205 sr)... Chenango Valley-4

DB... Joey DiMarco (6-1, 200 sr)... New Paltz-9 DB... Tom Fiacchi (6-0, 205 sr)... Marcellus-3

DB... Cole Rifanburg (6-1, 165 sr)... Norwich-4

DB... Mark Suchewski (5-9, 190 sr)... Geneva-5

PK... Ryan Espinzoa (5-9, 150 sr)... Spackenkill-9



Fourth Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Joe Gibson (6-1, 205 sr)... Hornell-5

DL... Tyler Howard (5-10, 240 sr)... Medina-6

DL... Kofi Keteku (6-3, 235 sr)... Edgemont-1

DL... Devin Smith (6-3, 225 sr)... Notre Dame-3

LB... Julius Arcaro (6-1, 225 sr)... Xaverian-CHS LB... Ian Esliker (6-1, 173 sr)... Pleasantville-1

LB... Elwin Gomez (5-11, 205 sr)... Dunkirk-6

LB... Mike Ladd (6-1, 250 sr)... Mexico-3 LB... Joe Montgomery (6-1, 190 sr)... East Aurora-6

DB... Dylan Vincent (6-0, 200 jr)... Olean-6

DB... Maison Goldstein (x-x, xxx jr)... Hudson-2

PK... Jack Howe (6-1, 175 so)... Pleasantville-1





Player of the Year

RB... Dahmir Pross (5-10, 175 sr)... Bishop Kearney



First Team Offense

Pos. Player (Ht, Wt yr)... School

QB... Joey Dalton (6-1, 185 sr)... Ogdensburg Free-10

- RB... Kameron Alexander (6-1, 200 sr)... Gowanda-6
- RB... Cam Cleveland (6-0, 185 sr)... East Rochester-5
- RB... David Crow (5-11, 185 sr)... Newark Valley-4
- RB... Garnett Nicolas (6-1, 225 sr)... Burke Catholic-9
- OE... Alex Card (5-11, 150 so)... Southwestern-6
- OE... Asfa Sill (5-8, 150 sr)... Bishop Kearney-5
- OL... Austin Ladd (6-2, 260 sr)... Akron-6
- OL... Nathan Pawloski (6-0, 240 sr)... Cleve Hill-6
- OL... Devin Roes (6-1, 200 sr)... Lowville-3
- OL... Trentyn Rupert (6-6, 260 so)... Newark Valley-4
- AP... Cole Burgess (6-0, 165 jr)... Greenwich-2



Second Team Offense

Pos. Player (Ht, Wt yr)... School

- QB... Ryan Daly (5-10, 175 sr)... Voorheesville-2
- QB... Cole Snyder (6-0, 175 so)... Southwestern-6

RB... Jared Barr (5-10, 170 jr)... Ogdensburg Free-10

- RB... Tom Madigan (5-11, 185 sr)... Hoosic Valley-2
- RB... Delvin Wood (5-11, 185 sr)... Millbrook-9
- OE... Ezra Echeandia (6-0, 170 sr)... Stillwater-2
- OE... Joe Viscardo (6-3, 170 sr)... Saranac Lake-7
- OL... JaKarri Buckner (6-2, 280 sr)... Bishop Kearney-5
- OL... Patrick Foley (6-1, 230 sr)... Voorheesville-2
- OL... Connor Latimer (6-2, 280 sr)... Millbrook-9
- OL... Devin Thurman (6-4, 260 sr)... Ogdensburg Free-10
- AP... Austin Londo (6-1, 186 sr)... Burke Catholic-9



Third Team Offense

Pos. Player (Ht, Wt yr)... School

QB... Brian DePaul (6-2, 175 sr)... Bronxville-1

QB... Justin Daul (6-2, 200 sr)... Wilson-6

- RB... Jordan Mull (5-11, 185 sr)... APW-3
- RB... Hunter Richard (5-9, 160 sr)... Holland Patent-3
- RB... Aaron Wahler (5-9, 175 so)... Cleve Hill-6
- OE... Nico Pannes (6-0, 165 sr)... Southwestern-6
- OE... Ethan Richardson (5-11, 172 sr)... Voorheesville-2
- OL... Peyton Cronk (5-10, 210 sr)... General Brown-3
- OL... Gary Everspaugh (6-3, 315 sr)... Canastota-3
- OL... Liam Maloney (6-7, 250 jr)... Holy Trinity-2
- OL... Christian Pietrantoni (5-10, 225 sr)... Bishop Kearney-5
- AP... Colin Barnes (5-10, 180 jr)... East Rockaway-8



Honorable Mention

Quarterback: James Bailey (John F. Kennedy-6, Jr.), Dalton Carver (Oneonta-4, Sr.), Will Coats (Saranac Lake-7, Sr.), Matt LaRocca (Bishop Kearney-5, So.), Jacob Wright (Millbrook-9, Sr.).

Running Back: Reese Cristaldi (Greenwich-2, Jr.), Marc DeBates (Mechanicville-2, Sr.), Patrick Gardner (Lowville-3, Sr.), Mariano Hernandez (Oneonta-4, So.), Matt Hull (Sherburne-Earlville-3, Sr.).

Line: Frank Adams (Hoosic Valley-2, Sr.), Jordan Countryman (Gouverneur-10, Jr.), Josh Ferrusi (Taconic Hills-2, Sr.), Cody Hayner (Mechanicville-2, Jr.), Sam Kramer (Corinth-2, Sr.), Owen Lyons (Watervliet-2, So.), Jon Miller (Greenwich-2, Sr.), Jeff Rashko (John F.Kennedy-6, Sr.).

First Team Defense

Pos. Player (Ht, Wt yr)... School

- DL... Jayden Coutte (6-5, 275 sr)... Coxsackie-Athens-2
- DL... Dan Hayner (6-1, 240 sr)... Mechanicville-2
- DL... Jake Payne (6-0, 190 sr)... Newark Valley-4
- LB... Amari Bilal (6-1, 185 sr)... Woodlands-1

LB... Matt Eldridge (5-10, 240 sr)... Cleve Hill-6

- LB... Gavin McCumiskey (6-3, 220 sr)... Marcus Whitman-5
- LB... Gilberto Ortiz (6-3, 205 sr)... Gowanda-6
- LB... Wyatt Perry (5-11, 195 sr)... Southwestern-6
- LB... Levi Snyder (6-3, 215 sr)... Attica-5
- DB... Najee Smith (5-9, 160 sr)... Dobbs Ferry-1
- DB... Brett Stewart (5-7, 165 sr)... Newark Valley-4
- PK... A.J. Coleman (5-10, 155 sr)... Newark Valley-4

Second Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Matt DeRoller (6-2, 240 sr)... Bishop Kearney-5

DL... Aaron Gorsline (6-5, 180 sr)... Newark Valley-4

- DL... Jordan Loren (6-0, 235 sr)... Dobbs Ferry-1
- DL... Shawn Pridell (6-4, 250 sr)... Lowville-3
- LB... Matt Cushing (6-0, 225 sr)... Burke Catholic-9
- LB... Ryan Majerowski (6-0, 200 jr)... Cleve Hill-6
- LB... Jake Sarow (5-9, 165 jr)... Akron-6
- LB... Brandon Wilbur (5-10, 210 sr)... Greenwich-2
- DB... Avery Love (5-8, 160 sr)... Ogdensburg Free-10
- DB... Tyler Phillips (5-9, 160 sr)... Cleve Hill-6
- DB... Isaac Sanchez (6-2, 185 sr)... Hoosic Valley-2
- PK... Jake LaFountain (5-7, 145 fr)... Mechanicville-2

Third Team Defense

Pos. Player (Ht, Wt yr)... School

- DL... Omar DeBerry (6-4, 252 sr)... Woodlands-1
- DL... Spencer Morgan (6-2, 200 sr)... Mechanicville-2
- DL... Jasper Russell (6-3, 265 sr)... General Brown-3
- LB... Cameron Geiger (5-11, 195 sr)... Cal-Mum-5
- LB... Jessey Lynch (5-10, 185 jr)... Sherburne-Earlville-3
- LB... Cory Mellnitz (5-9, 205 sr)... Lowville-3 LB... David Quell (6-1, 225 sr)... Holy Trinity-2
- LB... Kyle Zazwadzki (5-10, 185 sr)... Attica-5

DB... Anthoni Pope (6-2, 180 sr)... Ogdensburg Free-10

- DB... Josh Delgado (x-x, xxx jr)... Chester-9
- DB... Noah Summers (6-3, 165 sr)... Chatham-2
- PK... Dennis Lee (6-0, 195 sr)... Burke Catholic-9



Honorable Mention Defense

Line: Rostin Turley (Oneonta-4, Sr.), Sam Tuttle (Sherburne-Earlville-3, Sr.). LB: Linebacker - Steve Ackerman (Corinth-2, Sr.), Billy Callahan (Mechanicville-2, Sr.), Jack Capuano (Dobbs Ferry-1, So.), Ammari Wooten (Cleveland Hill-6, Sr.).

Defensive Back: Defensive Back - Brian Burns (Southwestern-6, Jr.), Ravion Burt (Watervliet-2, So.), Connor Fenlong (Gouverneur-10, Jr.), Carter Hoffman (Wellsville-5, Sr.), Josh Laurie (LeRoy-5, Sr.), Dominic Lutz (General Brown-3, So.), Dan Motta (Mechanicville-2, So.), Fazion Munir (Southwestern-6, So.), Brendan Stout (Greenwich-2, Sr.), Aaron Tomczak (Hoosick Falls-2, Sr.).



Player of the Year RB... Brad Benson (5-8, 175 sr)... Maple Grove-6

First Team Offense

Pos. Player (Ht, Wt yr)... School

QB... Darren Smith (6-2, 205 so)... Sidney-4

RB... Joe Benedict (6-2, 205 jr)... Sandy Creek-3

RB... Luke Erickson (5-11, 190 sr)... Greene-4

RB... Ryan McLenithan (5-8, 160 sr)... Cambridge-2

OE... Vincenzo Alteri (6-0, 185 sr)... Immaculate Heart-3

OE... Alex Hoskins (6-2, 180 sr)... Sidney-4

OL... Cole Gregory (6-2, 215 sr)... Frewsburg-6

OL... Max Hoffer (6-2, 190 jr)... Cambridge-2

OL... Josh Hylkema (6-1, 260 sr)... Alexander-5

OL... Collin Karl (6-0, 240 sr)... Sidney-4

OL... Ray Williams (6-2, 245 sr)... Clyde-Savannah-5

AP... Josh Wilson (5-8, 155 jr)... Harpursville-Afton-4



Second Team Offense

Pos. Player (Ht, Wt yr)... School

QB... P.J. Brennan (5-11, 155 sr)... Alexander-5

QB... Zack Rowland (5-10, 142 jr)... Cambridge-2

RB... Dylan Cooper (5-11, 150 sr)... Groton-4

RB... Chase Doxtader (5-5, 166 jr)... Dolgeville-3

RB... Madison Hoover (5-7, 155 sr)... Harpursville-4

OE... Derrick Busch (6-3, 190 sr)... Alexander-5

OE... Joseph Connor (6-3, 185 jr)... Bishop Ludden-3

OE... Cordell O'Brien (6-2, 215 sr)... Frewsburg-6

OL... Breven Gilmore (6-3, 275 sr)... Greene-4

OL... Preston Hutchinson (5-11, 200 sr)... Franklin-Ellicott-6

OL... Jacob Morrison (6-3, 305 sr)... Unatego/Franklin-4

OL... Karl teRiele (6-2, 244 sr)... Ticonderoga-7

AP... Antonio Aceto (5-11, 185 sr)... Herkimer-3



Third Team Offense

Pos. Player (Ht, Wt yr)... School

OB... Ryan Enos (5-11, 180 sr)... Oriskany-3

QB... Sh'ikem Lee (6-4, 235 jr)... Bishop Ludden-3

RB... Xavier Cruz (5-7, 175 so)... Oxford-4

RB... Justyn Granger (5-9, 175 sr)... Ticonderoga-7

RB... Maurice Seymore (6-0, 182 sr)... Cambridge-2

RB... Trevor Smith (5-10, 170 jr)... Cuba-Rushford-5

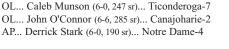
OE... Kolby Parks (5-8, 150 sr)... Clymer-SP-6

OL... Andrew Grenier (6-1, 240 jr)... Whitehall-2

OL... Skyler Marshall (6-0, 322 sr)... Sandy Creek-3

OL... John O'Connor (6-6, 285 sr)... Canajoharie-2

AP... Derrick Stark (6-0, 190 sr)... Notre Dame-4





Honorable Mention

Quarterback: Matt Annuziata (Tuckahoe-1, Jr.), Nick Draught (Immaculate Heart-3, Sr.), Trent Gray (Frewsburg-6, Jr.), Bryce Read (Avon-5, Sr.), Matt Tobin (West Canada Valley-3, Jr.), Brandon Twoguns (Haldane-1, Jr.). Running Back: Dawson Backus (Sidney-4, Sr.), Austin Carr (Bainbridge-Guilford-4, Sr.), Garrett Evans (Sauquoit Valley-3, Jr.), Sam Giachinta (Haldane-1, So.), Iman McKay (Notre Dame-4, Sr.), Payton Stirone (Unadilla Valley-4, Jr.).

Offensive End: Caleb Caldwell (Frewsburg-6, Sr.), Trevor Folts (Canjo-2, Sr.), Trent Mitchell (Immaculate Heart-3, Sr.), Alex Williams (Tuckahoe-1, Jr.).

First Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Jake Lyon (6-0, 245 sr)... West Canada Valley-3

DL... Dustin Schmieder (6-1, 200 sr)... Alexander-5

DL... Zak Trim (5-10, 175 jr)... Maple Grove-6

LB... Nick Fabrizio (6-2, 205 jr)... Maple Grove-6

LB... Brenden Holcomb (6-3, 200 jr)... Cambridge-2

LB... Nick Manino (6-0, 185 sr)... Frankfort-Schuyler-3

LB... Trevor Micek (5-10, 185 sr)... Maple Grove-6

LB... Jacob Smith (6-0, 195 sr)... Bolivar-Richburg-5

DB... Brock Blecha (6-1, 175 jr)... Franklin-Ellicott-6

DB... Dooley Brennan (5-11, 175 sr)... Franklin-Ellicott-6

DB... Derrick Chance (5-10, 150 jr)... Clyde-Savannah-5

PK... Bill Seiders (5-9, 165 sr)... Silver Creek-6



Second Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Akim Betsey (6-2, 250 sr)... Onondaga-3

DL... Colton Dean (6-2, 207 jr)... Cambridge-2

DL... Mike Hartlieb (6-6, 280 sr)... Canajoharie-2

LB... Matt Gombas (5-9, 195 sr)... Groton-4

LB... Nick Kehoe (6-0, 200 sr)... Lyons-5

LB... Shawn Pierson (6-0, 208 sr)... West Canada Valley-3

LB... Brandon Reagle (5-6, 165 sr)... Maple Grove-6

LB... Greg Shambo (5-7, 150 jr)... Warrensburg-2

DB... Jake Beaver (6-0, 165 sr)... Randolph-6

DB... Evan Gantley (5-10, 180 sr)... Onondaga-3

DB... Bryce Macina (6-1, 180)... Onondaga-3

PK... Helen Mooney (5-10, 149 jr)... Cambridge-2



Third Team Defense

Pos. Player (Ht, Wt yr)... School

DL... Samuel DuShane (6-2, 188 sr)... Ticonderoga-7

DL... Alex Lai (5-10, 180 sr)... Maple Grove-6

DL... Mason Schloop (6-4, 235 jr)... West Canada Valley-3

LB... Devonate Foreman (5-10, 210 sr)... Rensselaer-2

LB... Nick Hill (x-x, xxx sr)... Roscoe-9

LB... Keller Pai (5-7, 185 sr)... Groton-4

LB... Zachary von Kramer (6-0, 185 jr)... Pembroke-5

DB... Mitch Padilla (6-2, 165 sr)... Maple Grove-6

DB... Zachary Flaitz (5-6, 140 jr)... Canisteo-Greenwood-5

DB... Dane Heberlein (5-6, 145 sr)... Alexander-5

DB... Keandre Sanders (5-11, 175 sr)... Bishop Ludden-3

PK... Mitchell Walters (6-3, 180 jr)... Greene-4



Honorable Mention Defense

Line: Noah Barriger (Harpursville/Afton-4, Sr.), Brandon Bolster (Whitehall-2, Jr.), Nathan Genevick (Cambridge-2, So.), Sean Germond (Sidney-4, Sr.), Jake Ingraham (Oxford-4, Jr.), Joey Kiehle (Harpursville/Afton-4, Sr.), Tazren Lilley (West Canada Valley-3, Sr.), Garrit Peck (Onondaga-3, Sr.), Dean Reed (Unatego/Franklin-4, Jr.) Matt Turner (Unadilla Valley-4, Sr.), Lucas Winchester (Cambridge-2, Sr.). LB: Cole Benson (Dolgeville-3, Sr.), Jonas Butz (Cambridge-2, Jr.), Jevyn Granger (Ticonderoga-7, Jr.), Will Moore (Sidney-4, Sr.), Lucas Morse (Whitehall-2, Sr.), Matthew Widrick (Beaver River-3, Sr.).

2016 Final New York State Rankings



Team	W-L
1. Troy (2)	13-0
2. Victor (5)	12-1
3. Curtis (PSAL)	12-0
4. Lancaster (6)	10-1
5. New Rochelle (1)	10-1
6. Freeport (8)	11-1
7. William Floyd (11)	10-2
8. Erasmus Hall (PSAL)	10-2
9. Pittsford (5)	8-2
10. Syracuse CBA (3)	10-1
11. Canisius (MMA)	10-2
12. East Islip (11)	9-3
13. Farmingdale (8)	10-1
14. Cicero-North Syracuse (3)	9-1
15. Shaker (2)	8-2
16. Half Hollow Hills West (11)	9-3
17. West Islip (11)	9-3
18. Cardinal Hayes (CHSFL)	8-5
19. Newburgh (9)	7-3
20. Archbishop Stepinac (CHSFL)	10-3
21. Bellport (11)	8-2
22. Guilderland (2)	8-1
23. Monroe-Woodbury (9)	8-2
24. Lindenhurst (11)	9-1
25. Abraham Lincoln (PSAL)	8-4



W-L
13-0
10-3
11-1
9-2
8-3
9-1
8-4
9-2
7-3
9-1
8-2
6-3
7-2
7-3
6-3
8-1
7-2
7-3
7-2
7-1



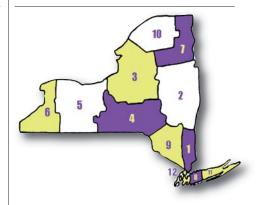
Team	W-L
1. (tie) Garden City (8)	12-0
1. (tie) Somers (1)	12-1
3. Wantagh (8)	12-0
4. Greece Athena (5)	12-1
5. Sayville (11)	10-1
6. Whitesboro (3)	11-1
7. Burnt Hills-Ballston Lake (2)	10-2
8. Shoreham-Wading River (11)	10-2
9. Lehman (PSAL)	11-1
10. Cornwall (9)	8-3
11. Yorktown (1)	9-1
12. Buffalo Bennett (6)	8-3
13. Brewster (1)	8-1
14. Staten Island Tech (PSAL)	9-2
15. Westhampton (11)	8-2
16. Brighton (5)	8-2
17. Iona Prep (CHSFL)	8-3
18. Harry S Truman (PSAL)	10-2
19. Roosevelt (8)	9-2
20. Starpoint (6)	9-1
21. Averill Park (2)	8-2
22. Indian River (3)	7-3
23. East Syracuse-Minoa (3)	8-1
24. Queensbury (2)	8-1
25. (tie) Christ the King (CHSFL)	7-2
25. (tie) Holy Trinity (CHSFL)	9-2



Team	W-L
1. Glens Falls (2)	13-0
2. Chenango Forks (4)	12-1
3. Seaford (8)	11-1
4. Babylon (11)	10-1
5. Pleasantville (1)	11-1
6. Dunkirk (6)	9-3
7. Batavia (5)	10-1
8. Hackley School (AIS)	7-0
9. Cheektowaga (6)	9-1
10. Eagle Academy III (PSAL)	12-0
11. Westlake (1)	8-2
12. Cazenovia (3)	9-2
13. Hudson (2)	9-1
14. Hornell (5)	9-1
15. Frederick Douglass (PSAL)	11-1
16. New Paltz (9)	8-2
17. Rye Country Day (AIS)	7-2
18. Olean (6)	8-1
19. Carle Place-Wheatley (8)	8-3
20. Homer (3)	8-2
21. Marlboro (9)	7-3
22. James O'Neill (9)	6-2
23. Mexico (3)	7-2
24. Livonia (5)	7-2
25. Windsor (4)	7-3



Team	W-L
1. Cambridge (2)	13-0
2. Maple Grove (6)	12-1
3. Alexander (5)	10-1
4. Sidney (4)	8-4
5. Onondaga (3)	10-1
6. Ticonderoga (7)	9-2
7. Clyde-Savannah (5)	8-2
8. Dolgeville (3)	8-2
9. Unatego-Franklin (4)	8-2
10. Groton (4)	8-1
11. Red Jacket (5)	7-2
12. Franklinville-Ellicottville (6)	7-3
13. Frankfort-Schuyler (3)	7-2
14. Silver Creek (6)	7-2
15. Harpursville-Afton (4)	7-2
16. Whitehall (2)	7-3
17. Sandy Creek (3)	6-3
18. West Canada Valley (3)	6-2
19. Bolivar-Richburg (5)	6-3
20. Greene (4)	6-3



Section 1: Westchester, Rockland Section 2: Capitol District

Section 3: Central New York Section 4: Southern Tier

Section 5: Genesee Valley Section 6: Western New York

Section 7: Champlain

Section 8: Nassau

Section 9: Orange, Ulster Section 10: St. Lawrence

Section 11: Suffolk

Section 12/PSAL: NY City CHSFL: Catholic Football